

Community Service at Home!



Cards for Hospitalized Kids (CFHK) is an internationally recognized charitable organization that spreads hope, joy & magic to hospitalized kids across America through uplifting, handmade cards.

<http://www.cardsforhospitalizedkids.com/>

What supplies do I need?

The only supplies you need are paper and a writing utensil, such as crayons, markers etc.

What are the supplies I can use?

Many people choose to use other craft supplies such as: Special Markers, Stickers, Glue-on craft decals & Other craft supplies.

Addressing the card:

Since we do not yet know the child's name, please make sure you do not address the card to a specific person. If you want to address the card, or writing within the card, here are some suggestions:

"Hey There"

"Hey you!"

"To: a very special person"

Make sure that you do not...

Other than signing your first name, please do not include any personal information, such as: phone number, address, email address etc.

Write any religious comments such as "God Bless" or "I'm praying for you". **Hospitals will not allow us to distribute cards with this information.**

How to sign your name:

Now, sign your first name on the card. You can also sign your state, such as "Katie from New York", if you wish to.

What are the supplies I can't use?

The only rule regarding craft supplies is that nothing is excessive to the point of falling off. This is extremely important, as it can create health concerns for some patients. To see if this is an issue, typically just running your finger over it and seeing how much rubs off will suffice. If little or nothing comes off, it is OK.

This is especially true for glitter.

Decide what to write on the card:

At the request of hospitals, **DO NOT WRITE "Get well", "Feel Better" or other illness related comments.**

This is very important since some of the patients suffer from medical conditions that are chronic, life-long, progressive and/or terminal.

We recommend that you write uplifting messages such as:

Stay strong

You are awesome

Never forget how amazing YOU are

You rock

I hope you have a great day today

You shine brighter than the sun

You inspire me

Be Brave

I believe in YOU

For every 10 thoughtful cards made, you will receive an hour of community service. Please drop off at the Learning Commons Services desk to receive your Community Service Certificate. Any questions, please email: teenreviews@connetquotlibrary.org or you can call Angela Breslin, Teen Coordinator at 631-227-3866



CONNETQUOT PUBLIC LIBRARY